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From the President's Desk



Dear friends,

Seven months have passed by in a blur.

New projects, consolidating existing projects and laying the foundation of a strong financial base that will let future Presidents concentrate on

doing good has been the focus.

I am glad to report that your Club has been successful in all these efforts.

Somehow we've managed to have a really fun time as well in the midst of this whirlwind of activity.

February will see the first ever outstation Assimilation Fellowship, in Mahabaleshwar.

I am told a record 60 people have responded to Jimmy Vakharia's call to meet there. Should be quite a fellowship.

And then on the 1st. Of March, some of us will be guided by Anar Shah on a trip to Rishikesh. We are told that Rishikesh offers something for everyone. From a spiritual high to adventure sports to wildlife watching.

The attendance at our weekly meetings has been encouraging and that I guess reflects directly on the quality of speakers organised week after week by our Programs Committee.

We have been missing meeting some members and I look forward to having a cup of coffee with them very soon.

Five months to go.Watch out for a lot of interesting stuff.

Warm regards

Ramesh Narayan

Will the Means Follow?



Il of us, at some point in time, have been guests of Mr. Kushroo Santook by lending our patronage to the arts at the National Centre of Performing Arts (NCPA). Last Tuesday, we had the privilege of welcoming him as our guest. In the time he spent with us, he was able to give us an insight into his life, and prove himself more than worthy of the Shyam Munshi Lifetime Achievement

Today's Speaker	Mr. Shailesh Haribhakti
	on 2018 Budget

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Award in arts for the year 2017 to 2018.

Those who are unaware of his distinguished career may best learn of his accomplishments through these lines read out by Rtn. Shernaz Firoze Vakil: "Vitalising the institution of music, and actively preposting western classical music in the country. Giving India its very first Symphony Orchestra." So how did the arts find a loyal ally in Mr. Khushroo Santook?

"Growing up in a home where music was constantly playing, and accompanying my mother to concerts in Bombay where valiant, local performers gave their best, paved the longing to hear this music (Western Classical Music) in the cultural capitals of Europe," the awardee explained. He was also given three months off from school to join a group of Indian western classical connoisseurs on a tour of the west. "Our principal, when shown the itinerary, readily agreed, saying that this exposure is well worth the next term," he said.



District Awards for the highest collection by our Club for the Rotary Foundation in the Rotary year 2016-17. Recipient PP Rtn. Nirav Shah (From L to R) PP Rtn. Kalpana Munshi, Guest Speaker Mr. Khushrooh Suntook, President-Elect Rtn. Vijay Kumar Jatia and IPP Rtn. Dr.Mukesh Batra

He went on to study law because he thought he was destined for it. Had he not, he would have broken a long standing tradition in his family. However, his destiny proved otherwise; a short while before completing his articles, the opportunity to become one of the founders of Bisleri Pvt. Ltd. proved to be far more interesting than "the rather serious profession." Clearly, the field of law couldn't claim the talented youngster.

On the other hand, music continued to woo him, and tennis was a pleasant distraction



rom the moment the 16 year old 9th standard student reported that she was being sexually abused by her father since she

was 12 years old Inspector Wagre has been instrumental in both protecting the young girl and making sure every aspect of the case was legally followed so that the father could be prosecuted.

It was a long and arduous process and the laws did not make the procedures

any easier. However Inspector Wagre and his team were with the case all throughout. He spoke to the young girl himself and ensured that her wishes of leaving the home were executed. He followed through with the CWC (Child Welfare Committee) and stayed committed to the young girl's well being. He currently still is handling the case of prosecuting the young girl's father.

Inspector Wagre has shown that he is not only a knowledgeable officer but also one who is compassionate and committed.

...Then I read the Citation and said Thank You Sir! too. However, the sport was more than a distraction in his youth. It was one he played well enough to compete internationally, and was elected the youngest Hon. Sec. of the International Lawn Tennis Club of India. By now, we know which field would finally claim the talented youngster, but the journey was indeed an engaging one.

Who would have thought that bottled water would, probably, not have initiated mass production in India if it weren't for tennis? As strange as it seems, it remains true. Bisleri was allowed to be manufactured in India after Mr. Kushroo Santook was able to get an old tennis





Rtn. Sudha Motwane asking a question

friend, the country's Industry Secretary, to see reason in his idea of introducing bottled water in India. Such are the friendships formed on court - although the friendships formed through music are equally enthralling.

To do more justice to his passion for music, Mr. Kushroo Santook had to wait until he joined the Tata Group of Companies - a long association that continues to thrive today, as the Chairman of the National Centre of Performing Arts. Before this part of the journey is described, it's worth quoting Mr. JRD Tata: "When the cause is good, the means will follow." As many know, he was the founder of the NCPA, and when he handed over the reigns to Mr. Kushroo Santook, he often struggled to understand how the founder's artistic vision would fill seats at the NCPA.

But time and effort proved his struggles unnecessary. The speaker worked closely with Marat Bisengaliev, an acclaimed violinist and conductor. Together, they set up the Symphony Orchestra of India that has received both applause and accolade the world over. He formed close friendships with Indian Classical music stalwarts like Pt. Ravi Shankar, Pt. Hariprasad Chaurasia, and Ustad Zakir Hussain, to name a few. These associations materialised into what NCPA is today - a booming centre for the arts.

"When Carnegie Hall was built, Andrew Carnegie told the people of New York, 'I have given you brick and mortar, now you run it," our guest said, in order to highlight that a hall is mere brick and mortar without a show. The question that remains is, will the means follow?



3

Participation in Phoenix Mega Medical Camp

"Phoenix Mega Medical camp" was held from 10 am to 5 pm, from 5th to 7th Jan 2018 at Phoenix mill compound, Lower Parel, Mumbai. Rotary Club of Bombay participated and gave free service to members of our community on **"Yoga Therapy and Yoga Culture of Life."** Kaivalyadhama, Lonavla and ICYHC, Mumbai partnered with Rotary Club of Bombay, to provide the necessary service on Yoga.

After the inauguration, the chief guest, the presidents & project leader from Rotary club of Bombay Queen City and few more Rotary members & Rotary Club of Bombay member **Rtn. Aashish Contractor** visited the RCB stall on **"YOGA"** and expressed satisfaction towards RCB's involvement in Yoga related sciences & service.



Patients & people who visited yoga stall, were first checked by the doctors after which the Yoga teachers taught them practices which were beneficial to their health problems. They were explained the concept of 'YOGA' & requested to come to the centre for regular practice. Information sheets of Kaivalyadhama were distributed to people.

A live Yoga demonstration was conducted by the Kaivalyadhama



Yoga teachers along with their students, with an explanation of health benefits. This demonstration helped spread awareness & was very much appreciated by the organisers as it was quite thorough.

Books on Yoga and Pranayama were also sold. A total of 170 people visited the RCB stall in 3 days.

Bhavishya Yaan Celebrates Republic Day

All 125 students of GK Marg school celebrated 68th Republic day with full enthusiasm. After flag hoisting, our confident children gave a small speech. They played drums and lezum on traditional Lawni dance. The children who did yoga asana, gave a beautiful performance on yoga.

The principal and BMC teachers also saw the work of BY children and appreciated the efforts our club puts in with mentors and teachers from Vidya and Infotroopers. They were very happy to see that now their children can make E-books and powerpoint on computers on republic day. They selected the best presentation and gave them a prize.

- 1st to 4th students Identified our National Symbols
- 5th & 6th students took a pledge & sang our National Anthem
- 7th students spoke on the scrapbook they made themselves

- 8th students spoke about our country India
- 9th students spoke on Achievements of India

The republic day assembly ended with distribution of chocolates by our generous volunteer at GK Marg Mrs. Charu Agrawal.





Bhavishya Yaan & The Yoga & Wellness Committee

M Joshi Marg School celebrated National day of girl child on 25th January with a yoga session coordinated by Rotary Partner Jaya Prasad.

This was one of the activities of ongoing yoga training

BMC SCHOOLS NAME

Colaba, Mumbai - 400 005

SR.

NO

Details of Schedule of Sessions

Colaba Municipal Madhyamic, N.A.Sawant Marg,

programme by Yoga & Wellness committee of our club. Rotarian Sitaram Shah helped plan and organise this event.

Yoga classes for students of 10 Municipal Schools by Kaivalyadhama teachers is offered.

AS PER CLASS AVAILABILITY

SESSIONS

The classes will be conducted for the entire month between November to February 2018. Ten BMC schools (including 5 Bhavishya Yaan schools) in Mumbai are covered. All 1000 students have benefited from yoga classes. Considerable improvement is seen mainly in memory, concentration & wellbeing. Various yoga teachers are deputed to ten different schools.

The schedules of "Yog Yaan" training in each BMC schools is as follows:-

Thirty group learning sessions of "Yog Yaan" Practices during the period November 2017 - February 2018, as per schedule of the schools settled by Yoga teachers of Kaivalyadhama Institute & the Principal.

Students participating in "Yog Yaan" session will be given a certificate and a booklet for general / specific practices of "Yog Yaan" for their life.







THE BULLETIN OF THE ROTARY CLUB OF BOMBAY

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Inaugration of Jal Jeevan

nauguration of Jal Jeevan - safe drinking water facilities in 3 municipal schools

The Water Resources Committee inaugurated Jal Jeevan safe drinking water facilities in 3 municipal schools (where our Bhavishya Yaan are also conducted) in association with Indus International as under:

- 1. Dr Babasaheb Ambedkar Municipal School, Worli (over 1000 students)
- 2. N M Joshi Marg Municipal Secondary School, Lower Parel (over 200 students)
- 3. G.K. Marg Municipal School, Lower Parel (over 1000 students)

Safe drinking water together with flitration and cooling machines were installed in all the schools



much to the delight of school children and staff, proving to be an absolute boon to all especially in the summer months.

The inauguration ceremony was held on10th January, 2018 and was attended by President Ramesh, PP Sandip Agarwalla, Rtn Jamshed Vakharia, R/Ann Avaan Vakharia, Principal Mane and a number of ladies from Indus International including, Mrs Sandhya Vora and Mrs Selma Kriegner- Co-Presidents and R/Ann Radhika Kaji and others of Indus cut the red ribbon . Presidents Ramesh and Sandhya welcome the gathering and PP Sandip, spoke a few words on Jal Jeevan and Bhavishya Yaan programmes of the Rotary Club of Bombay. The children impressed the visitors with their computer projects and presentation on Bhavishya Yaan which was avidly watched by PP Sandip sitting in the first row of the BY class!

Cancer Aid Committee Report

r. Vijaya Taskar is the President of Streehitkarini, a non-governmental organization providing education to women living in the slums of Mumbai.

She requested our club through the CPAA to hold a cancer screening camp for 100 women from slums and lower middle



class families in Dadar, Elphinstone and Lower Parel.

Rotary Club of Bombay held another screening camp with CPAA for the same on 25th January with Shrihitkarini in Lokmanya Nagar Compound, K Gadgil Marg, Dadar.

Rotary Anne Ekta Shah from the Cancer Aid Committee ensured that the camp went on smoothly and spent time with the women, most of who were being screened for the first time.

For them to know how to do self breast examination on a regular basis was new and they learnt with concentration.

They were very thankful.

110 ladies were screened, out of which 38 ladies need further follow up.

CPAA will remind them for the same and have taken their phone numbers. This will be free of charge as well.

Also following investigations will be done for some of them after the check up. They were advised and details were shared as to where they have to get it done. Sono-Mammo : 2 Pelvic USG: 12 USG Abdomen: 1 Thyroid investigation : 5 6 months(Tobacco habituees) : 4 Annual follow up was recommended to : 9 ladies.

Assimilation Sundowner

The streets of Kolkata were brought to Mumbai at the lovely terrace of Madhusudan & Vandana Daga. The Daga's hosted a lovely assimilation fellowship at their beautiful home on a nice & cool Sunday January evening. A first for Rotary - a sundowner!







Forthcoming Events

- February 11th, 2018 Family Fellowship Lunch at the Jyran, Sofitel Hotel, BKC.
- February 13th, 2018 Bank Holiday. There will be no Rotary Meeting

Vandana, herself from Kolkata left no stone unturned. The warm hospitality of a typical Kolkata Marwari household coupled with Kolkata Street food - puchkas,



mudi, chilla, et al was the perfect ambiance for this unforgettable fellowship.

For Gauri and Vijay it was the ideal anniversary celebration amongst good friends and well wishers. The happy couple cut a strawberry gateau amidst claps and cheers!

Enjoying the evening amongst the recently become Rotarians were Samira & Kasimali, Rinku & Vineet, Amishi & Pulin, Vrinda, Meenakshi & Ajai and prospective member Jaimin Jhaveri & wife Meghal. Giving them company were Rotary Stalwarts - Devi & Ramesh, Gauri & Vijay, Sandip, Mukesh, Arti & Arun, Rakhee & Manish, Preeti & Pradeep, Mayuri & Alok, Rekha, Shreelekha & Nandan, Satyan, Devina & Nirav, Malti & Mudit, Rajas & Jyoti, Asha & Rajesh, Jayesh, Avaan & Jimmy and Kavita & Anand.



ROTARY CLUB OFFICERS

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Rtn. Arun Sanghi	
Rtn. Dr. Adi Dastur	
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Urban Conservation	Rohan Dalal
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Water Resources	/INDRA FOTEDAR Vineet Suchanti
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	Co-Chair Christopher Bluemel
	ANUJ ARENJA
Interact	Prakriti Poddar
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Young-at-Heart	PP Rajnikant Reshamwala
J	
-	PREETI MEHTA
-	PREETI MEHTA Deepak Kapadia
DIRECTOR :	
DIRECTOR : District Thrust Area	Deepak Kapadia

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Email : rotaryclubbombay1@gmail.com

NEXT WEEK

Since Mahashivaratri is a Bank holiday there will be no meeting on 13th February



Family Fellowship Lunch

On Sunday, 11th February 12:30 pm to 3:00 pm

Hosted by Ajit Lalvani, Anuj Arenja, Arif Lokhandwalla, Ghanshyam Sheth, Jayesh Jhaveri, Paul George, Sabira Merchant, Shom Jagtiani, Vinay Sanghi, **Biswajit Chakraborty**

at the Jyran, Sofitel Hotel Bandra Kurla Complex Complimentary for Rotarians, their partners and children

11th February

18th February

Registration compulsory - only the first 150 registrations will be accepted rsvp - Rashmi +91 22 2202 4089 • email - rotaryclubbombay.rashmi @gmail.com

Birthdays & Anniversary Greetings











Rtn. Hiren Kara Rtn. Manoj Murarka 12th February







18th February

Cama	PP Rtn. Arun Sanghi
ary	13 th February

Rtn. Zeenia Master 15th February

17th February Anniversaries

10th February

6 th February - Rtn. Aditya & Ptn. Padmini Somani
8th February - Rtn. Dr.Sam & Ptn. Narges Mahaluxmivala
9 th February - Rtn. Anand & Ptn. Kavita Dalal
Rtn. Ashok & Ptn. Vatsala Jatia
11 th February- Rtn. Ashok & Ptn. Namrata Kirpalani
Rtn. Nandan & Ptn. Mridula Maluste
Rtn. Subhash & Ptn. Rita Sagar
PP Rtn. Ashish & Ptn. Gopi Vaid
12 th February- Rtn. Vivek & Ptn. Amisha Himatsingka
14 th February- Rtn. Ranjit & Ptn. Vandana Sinh
15 th February- Rtn. Sunil & Ptn. Sujata Vaswani
Rtn. Suresh & Ptn. Indira Kotak
Rtn. Subash & Ptn. Geeta Gogia
16 th February- Rtn. Abhishek & Ptn. Karishma Sharman
17 th February- Rtn. Hariprasad & Ptn. Sudha Nevatia
18 th February- Rtn. Rohan & Ptn. Swati Dalal
Rtn. Homi & Ptn. Faryal Katgara
Rtn. Devendra & Ptn. Indu Kothari
Rtn. Bimal & Ptn. Aradhana Mehta
19 th February- Rtn. Hoshang & Ptn. Binaifar Nazir

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Ptn. Sandhya Merchant Mr. Marzban Patel

6th February - Ptn. Ummehaani Bagasrawala

Ptn. Honey Harish

7th February - Ptn. Zarine Davar

13th February - Ptn. Geeta Gogia

9th February - Mr. Sunil Sood 10th February - Ptn. Dilnavaz Meghani Mr. Franklin John 12th February - Ptn. Chitra Ashokkumar Ptn. Farah Batra

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THE BULLETIN OF THE ROTARY CLUB OF BOMBAY



Rtn. Hormusji 13th Febru

Rtn Dr Sam Mahaluxmivala 19th February Partners

Rtn. Shivkumar Israni Rtn. Priyasri Patodia