



President's Message



Dear Friends,
It gives me immense pleasure to inform you that we have recently inaugurated the water purification system under the 'Jal Jeevan' project on 25th July, in association with Eureka Forbes Institute of Environment at Anjuman-E-Islam High School, Kurla.

The ceremony began with a welcome dance by the students from the school. This initiative will benefit more than 8,500 students who will receive safe drinking water daily.

This is just the beginning of the water project; we wish to scale it up to greater heights.

Our very own Ananda Yaan has completed one year on Tuesday last week. It is wonderful to see the smiles on the faces of the elderly. It's amazing to see the passion and great grit they had while participating at the talent show 'Dignity Icon'.

A very big thank you to Rotarians working towards keeping the Ananda Yaan centres lively and spreading laughter and joy across. Thank you,

Rtn. Vijay Jatia
President

Today's Speaker

Dr. Anil K. D'cruz

Where do we stand today in our war against Cancer?



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Cracking the Cricket Code



PANELISTS from L to R: AIR Vice Marshal M. Baladitya, Ms. Aparna Popat, Dr. Kaustubh Radkar, Mr. Vaman Apte and Mr. Milind Wagle

The Rotary Club of Bombay was honoured to welcome some of the nation's most accomplished individuals to the meeting last week: Ms. Aparna Popat, nine-time national badminton champion, silver medalist at the 1996 World Junior Championships, two-time Olympian, and four-time medalist in three Commonwealth Games appearances; Dr. Kaustubh Radkar, who has participated in the Ironman Triathlon a stunning twenty times; Air Marshal Baladitya; And Mr. Vaman Apte, international squash player, captain for team Maharashtra in inter-state championships, and holder of several international and national titles. The discussion was moderated by Mr. Milind Wagle, who is a commentator for over thirty sports and for the Olympic, Asian, and Commonwealth Games.

Diving straight into the discussion, Wagle announced the topic for the afternoon, "Is our obsession with cricket hindering Olympic glory?" Baladitya narrated his observations. A decade ago, cricket was like any



President Vijay Jadia calls the meeting to order

other game. It is the more recent administrators of cricket, Lalit Modi and N. Srinivasan, who brought cricket into the limelight. The way the game is marketed, with concepts like the IPL, has changed the dynamics of cricket. "It is heartening to see a change in the standards in games like badminton, archery, boxing, and shooting, however, they need to up their game. There is no reason why we shouldn't be looking at anything less than thirty to forty Olympic medals," said Baladitya.

Popat brought the discussion to a more fundamental question, seeking to describe



Rtn. Sanjiv Mehra introduces the panellists

the parameters for comparison between cricket and the so-called "other sports" (as they are usually categorised). "So, how would one define success in any sport? Is it the money the sport brings in? Medals? The participation to define popularity?" Popat asked.

Dr. Radkar then explained the structure of the BCCI, calling it a top-down system. This means the state systems follow the same structure that the BCCI does. Unfortunately, the same does not happen with the Olympic association. "The problem," Dr. Radkar said, "is in the federations for games like hockey, boxing, swimming, and tennis. The

Presidents and the Secretaries for these associations have remained the same for years, causing stagnancy in the management."

Highlighting the problem at the root, Popat stated, "Supporting the athlete at the



Rtn. Anar Shah makes an announcement about the screening of Karwaan

end is one thing, but we are not addressing the issues that we need to." One of the core concerns is that the main body is The Ministry of Sports and Youth Affairs, under which there is SAI (Sports Authority of India) and IOA (Indian Olympic Association), followed by the National Sports Federations, and then the State Sports Federations. However, all of them are not on the same page, causing mismanagement. The lack of infrastructure is also a pressing dilemma - not just in Mumbai but across India. In the past ten years, eight cricket stadiums have been upgraded to international status and yet the "other sports" have not received the facilities required for international training. Popat also affirmed that the other sports administrations need leadership, professionalism, and consistency.

Wagle hence compared India's fascination with cricket to America's obsession with basketball and baseball. And yet, they have given the world a Michael Phelps. Radkar clarified that it is because swimming rose from the grassroots level through college championships, which is what sets it apart. Once a Michael Phelps is picked up, he is put into the US olympic system at



Happy Birthday Rtn. Peter Born!



Rtn. Jamshed Vakharia shares details of the Annual Day event at BY



Rtn. Sandip Agarwalla makes an announcement on the Outstation fellowship

the training centre in Colorado. Additionally, he has the luxury of bringing his private coach, which Indian athletes do not have (fortunately or unfortunately). "America has figured out a way to work around the obsession and bring forth champions," he asserted.

The problem is definitely not the lack of talent, visibility, innovation, or even revenue, considering that 2016 saw non-cricketing athletes deliver eighty to eighty two percent higher wealth than before; it is simply a curious space to tap into the popular stream that cricket rides in.

Radkar then reiterated his earlier point, "Leadership like Lalit Modi

is missing. This leadership must focus on rehab, nutrition, and mental fitness." Having worked with the Swimming Federation in 2017, he told the Rotarians that the swimmers are only given an alarming four thousand calories a day - which are often packed with junk food. It pales in comparison to Phelps' ten thousand calories a day.

In conclusion, it is clear that we should not be demonising cricket, because all that would mean is one less sport for India. For these "other sports," it is ultimately about receiving funding in a way



Rtn. Akhil Sanghi talks about Jal Jeevan event

that leads to growth - not just for an individual sports person but for the sport as a whole.



Rotary Year kick-starts with project Baghban

I had the privilege to attend the first District event of the new year on behalf of our Club. Following through on our very own PP Ramesh's focus project Ananda Yaan and care for the elderly, the District has chosen the same focus area for this year.

More than 180 elderly people from 30 old age homes participated in a special event organized by the Rotary Club of Kandivli. The event was co-hosted by our own RC Bombay and 51 other Rotary Clubs of District 3141 at Aspee Auditorium, Malad West under the leadership of District 3141 Governor Rtn. Shashikumar Sharma.

The event held on July 1st, 2018, marked the beginning of a new year, titled Miracle, and was a day filled with lots of heart-warming moments and smiles.

The elderly from the city who are often living a life of loneliness in several old age homes across Mumbai are precious pages of our history.

52 Rotary Clubs from Mumbai came together to reach out and connect with these senior citizens, with a sole purpose to bring a smile to their faces with an event designed solely for them.

The event unfolded with a performance by renowned singer Dr. Rahul Joshi, who instantly connected with the audience and set the tone for the day. After enthralling the audience for a good three hours, the curtains finally drew halfway down with the powerful chanting of Vitthal... Vitthal.., sending out a feeling of universal blessing in the air.

Anu Shrivastava, a senior member, shared her experience saying, "When the eyes get moist, the throat gets all choked up and simultaneously a smile adorns the

face...trust me, something good and wonderful is happening all around."

Chetan Desai, Chief Group Avenue Head, Community Service 2018 - 19 added, "I would like to applaud the efforts put in by Avenue Chair Deepa Goenka, volunteers of RC Bombay Kandivli, members of District Non-Medical III Avenue, 52 Rotary Clubs of Rotary district 3141 for carrying out this meaningful project on the very first day of the Rotary year 2018 - 19."

It was a wonderful start to the year and I had to remember this line more than once: "The glory of the elderly is their insight to life" (Lailah Gifty Akita).

- Christopher Bluemel



Ananda Yaan turns ONE!



Suresh Chavan a member of the Ananda Yaan Elder Day Care Center at Byculla made it a point to come up to IPP Ramesh Narayan, Founder of Anand Yaan a successful program started last year and said that one year ago he couldn't even walk a few steps on account of a bad knee. He was also dull and listless.

And now, he beamed and said he was walking at a brisk pace and he felt very happy.

He thanked Ananda Yaan for having changed his life.

Frankly we don't know who was happier, Suresh or IPP Ramesh Narayan. What a stirring validation of a program!

Inner Wheel Club of Bombay ushers in a New Year



Rotary President Vijay Jatia presented a cheque to incoming IWC Bombay President Pallavi Nerker at the latter's installation.

Inner Wheel Club of Bombay ushered in its 56th year with the installation of President Pallavi Nerker on July 10, 2018. The prestigious Mira Mehta Award was also presented on the occasion.

Chief Guest District Chairman Vidhya Subramanian and Guest of Honour, President of the Rotary Club of Bombay, Vijay Jatia congratulated the IWC members on their extensive and effective portfolio of projects.

Donations Received for the Week: Total ₹ 56,002/-

Rtn. Framroze Mehta
Ms. Mary Rodrigues via Rtn. Dr. Rumi Jehangir
PP Dr. Mukesh Batra
Rtn. Pradeep Gupta
Rtn. Kamal Bulchandani

WE ARE HAPPY TO ANNOUNCE OUR PRESENCE ON SOCIAL MEDIA ON FACEBOOK, TWITTER AND INSTAGRAM. WE CAN BE FOUND WITH THE USERNAME / HANDLE @rcb1929 MEMBERS ARE ENCOURAGED TO FOLLOW US AND LIKE / SHARE THE POSTS.



President Pallavi spoke about her plans for the forthcoming year, to focus on rural and urban progress, through medical, health and educational amenities. She believes that Sustainability is the most important aspect in undertaking effective projects. Rtn. President Vijay presented a cheque

of Rs. 2 lakhs to the club.

He said that both the clubs lead towards similar goals and was happy to do some projects together, since working in synergy will help to extend their service frontiers.

The annual Mira Mehta Award instituted in memory of PDC Mira Mehta by Rtn. Ramesh Mehta and family was presented to Mukta Nalawade for her selfless work with deaf and dumb children.

ORISSA : THE JUGGERNAUTS

We are off on a trip to Orissa state - from 3 December, 2018 to 8 December, 2018 ! The trip will be a beautiful mix of archaeological delights (some dating back to 3 BC), historical temples - Jagannath temple in Puri and Lingaraj temple in Bhubaneswar, beach and sand art, the famous Konark and its Sun Temple (also known for its erotic sculptures), the largest lake in Asia - Chilika where we will see migratory birds and dolphins and some time for shopping of local arts and crafts, a sound and light show, a rickshaw tour of old Puri and above all we will be able to see the Dance Festival in Konark which is held only in this time of the year.

The weather will be pleasant and the brief itinerary will be as under :

- 1) Puri : 3 and 4 December at the Mayfair Waves Resort
- 2) Chilika Lake : 5 and 6 December at the Swosti Chilika Lake Resort
- 3) Bhubaneswar: 7 December - Hotel to be announced

The trip promises to be a revelation and the properties we are staying in are among the best in India. The cost includes hotel stay, all meals, transportation by Innova cars, a guide, entrance fees to most places and all sightseeing. Air fare is extra and I will advise you regarding which flights are available in order that you can book directly.

Cost pp ₹ 53,000/- pp (on double occupancy basis)

Cost pp ₹ 90,000 pp (on single occupancy basis)

We have managed to get only 15 rooms on a first come first served basis. We will reserve spaces against payment of : ₹ 26,500 pp for double occupancy basis and ₹ 55,000 pp for single occupancy basis.

Please send your cheques favouring " Rotary Club of Bombay " to Rashmi in the Rotary office.

Sandip Agarwalla



RCB in Orlando, Florida

Our very own Rotarian, Prakriti Poddar was travelling recently through the United States and was honoured to visit the Rotary Club International at Buena Vista in Orlando, Florida.

It was the first meeting of the incoming President and the day was focussed around the Independence Day Celebrations. She was fortunate to have an extremely meaningful interaction with many Rotarians present at the Club.

The 5th of July meeting was all about America and its heritage and how the Rotary Club has gone from strength to strength. It was insightful and enjoyable!

Their Rotary badge which they pinned on her has a Mickey Mouse base in keeping with the Focus of Disney in Buena Vista. Most of the Disney related theme parks and commercial enterprises are in the area, this was a delightful little touch by the Club.

It made her proud to exchange the flags of our rotary club with theirs. We hope that she shall bring back a couple more flags from Rotary Clubs around the United States!

All in all she loved the camaraderie of all the Rotarians half way around the world as well as their welcoming spirits.



Dental Camp at IWA Clinic



The children were between 4 to 6 years of age and were examined by a paediatrician, a general practitioner and a dentist. R/Annes Pervin Jehangir, Meher Poonawala and Zarina Mehta volunteered during the camps.

Majority of the children had dental problems and were treated by the dentist and called again for a check-up. A number of children had respiratory problems and were given appropriate medication. After they completed

The International Women's Association (IWA) Clinic at Fort which is run in partnership with the Rotary Club of Bombay held two camps, on 16th July & 23rd July, 2018 for a total of 110 children from the Garden School, Colaba.



the check-up, they were each given a glass of milk, a banana, biscuits and a tube of toothpaste.

Similar camps are planned in the coming months.



Menu (Pan-Asian)

7th August 2018

SOUP

Tom Yum
Assorted Bread Rolls & Butter

SALAD BAR

Gado Gado
Som Tam Salad
Glass Noodle Salad

VEGETARIAN MAIN COURSE

Vegetable Green Curry
Vietnamese Potatoes
Water Chestnut, Zucchini, Baby Corn
and Tofu in Garlic Pepper Sauce
Salt & Pepper Vegetable

NON VEGETARIAN MAIN COURSE

Sliced Fish in Sweet Basil Chili Sauce
Thai Chicken Red Curry

ACCOMPANIMENTS

Pad Thai Noodles
Steamed Rice

DESSERTS

Tub Tim Krob
Californian Chocolate Mousse

**“My son was underweight,
always inactive and lethargic.
But his weight has now doubled.”**

- Gangu Soren, Raghunathpur, Jharkhand



Mohan's parents were unaware of Mohan's malnutrition status till they met Reliance Foundation Swasth Sangini Indrani, who ensured that he was treated at a Nutrition Rehabilitation Centre (NRC). Today, Mohan is a healthy child.

These stories testify to Reliance Foundation's undying zeal to create equal opportunities for growth and prosperity in India.



Touching over 20 million lives with support for Rural Transformation, Health, Education, Sports for Development, Livelihoods, Disaster Response, Arts & Culture, and Urban Renewal.

Forthcoming Events

- **August 1st 2018 Film Preview: Karwaan**
Atria Mall, Worli at 7.00pm
- **August 5th 2018 Melting Pot**
Consular Corps Charity Carnival at the Regal Room, Trident
- **August 7th 2018 Speaker: Ms. Asha Khatau**
You Are What You Eat
- **August 9th 2018 Inauguration of RCB Lighthouse**
at Macchimar Nagar, Cuffe Parade
- **August 14th 2018 Speakers: Rtn. Ashok Jatia & R/anne Vatsala Jatia** - Car trip from Bombay to London

ROTARY CLUB OFFICERS

TRUSTEES 2018 - 2019

Dr. Rahim Muljani
Arvind Jolly
Arun Sanghi
Dr. Adi Dastur

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Vocational Training Centres	Varsha Daiya
Child Welfare	Rajesh Shah

NEXT WEEK'S SPEAKER : Ms. Asha Khatau

Asha Khatau is a well-known figure in the field of gourmet Vegetarian cooking.

Asha was persuaded to start her own cooking classes about 15 years ago, which run under the name of 'Epicure'. The classes feature regional cuisines from all over the world.

In her extensive travel across India and the globe, where her work takes her, Asha makes it a point to haunt local bazaars and taste the flavours of local restaurants. The perfectionist in her culs authentic tastes and ingredients from all over the world has led to the run-away success of her cooking classes.

The success of her classes inspired her to write her first cookbook Best of Epicure's Vegetarian Cuisines of the World.



It won an award for the best vegetarian book in the world, at the Gourmand World Cookbook Awards—known to be the Oscars in the cookbooks category—in 2002.

Look forward to an informative session with Asha Khatau covering an interesting topic on "You are What you Eat".

All Directors and Committee Chairpersons are requested to send their project write ups with high resolution pictures to Rtn. Satyan Israni for publishing in the

Gateway at the following email id:

rotary.satyanisrani@gmail.com



Birthdays & Anniversary Greetings



Rtn. Arif Lokhandwala
31st July



Hon. Rtn. Ajay Piramal
3rd August



Rtn. Abhishek Sharman
3rd August



Rtn. Sabira Merchant
4th August



Rtn. Bharat Kumar Tapparia
5th August

Anniversaries

31st July - R/anne Shalina & Rtn. Jai Advani

3rd August - R/anne Radhika &
Rtn. Ghanshyam Sheth

5th August - R/anne Bijal & Rtn. Hiren Kara

Rotaryannes

31st July - R/anne Sunaina Kejriwal
1st August - R/anne Hanwantbir Sahney
2nd August - R/anne Avaan Vakharia

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Statistics for last week's meeting

Rotary Club Bombay Members	96
R/Annes	03
Invitees & Guests	03
Rotractors	6
Total attendance	108
Community Service Box Collection	₹ 2200/-

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