



President's Message



Dear Rotarians,
 Last Sunday we took off to visit our Talwada centres for a fellowship-cum-service trip.

The trip was arranged to celebrate 40 years of our eye hospital and to inaugurate equipment at the Dental and T.B. departments of ADMC (Ajit Deshpande Medical Centre). I was overwhelmed to see around 45 Rotarians join us for the commemoration of the PRVEC (Phiroze Ratanshah Vakil Eye Centre) centre.

I am glad that most of the committees are working with zest and following through on their plans. Moving forward we will be featuring each committee's plans in the bulletin for the members to see all the work put forth by the them.

I would like to congratulate PP Rtn. Dr. Mukesh Batra for being presented with the International Achievement Award for Quality & Business Excellence by Management and Consulting, Paris.

Best wishes to all our Rotarians, keep making us proud wherever you are. Together let us 'Be the Inspiration' for others.

Thank you,

Rtn. Vijay Jatia
 President

Today's Speaker **Rtn. Narinder Nayar**
 on Urbs Prima in Indis



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Vision from the Wise



Guest Speaker Swami Swatmanandaji

The Rotary Club of Bombay was honoured to invite one of India's most spiritual dynamic leaders, Swami Swatmanandaji, to our meeting last Tuesday. Swamiji introduced his topic of 'Oneness and Humility,' choosing to explore it through the environment's perspective.

He grabbed our attention with a few equations. The first one being: Action minus vision equals division. "When we don't act with a higher vision, we act with narrow-mindedness. With small vision, we only create divisions - division in our family, division in a company, division in a community, in a country. When the vision of oneness is not there, divisions is what we create," stated Swamiji, explaining the importance of the right vision when performing actions. Borrowing an example from the Hindu epic The Mahabharata,





Swamiji highlighted how the families of the Pandavas and the Kauravas were oriented in action but lacked vision, causing division in the form of one of the biggest wars in mythology.

Swamiji then introduced us to another equation: Vision minus action equals imagination. By this, he meant that without any action, a vision is just mere imagination, but vision plus action equals transformation. Reiterating the importance of vision, Swamiji quoted a powerful line from the Vedas. *"Yatha drishti tatha srishti,"* which translates to, "As the vision is, so the world appears to us." He then told us Rotarians about the two types of visions. The first is material vision, where you try to gain maximum happiness from the world without a care about the consequences. This is to look at the world as an object. The second type of vision is known as spiritual vision, which is to see the world as one living being - as a manifestation of an infinite cause, wherein everything is divine, and everything is one.

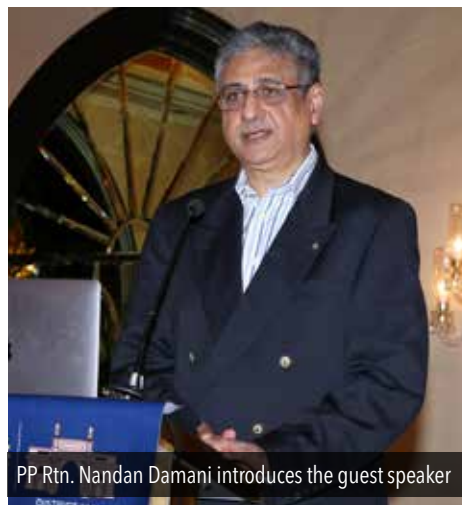
This is the vision that guides Oneness and Harmony.

Segueing into a discussion about the environment, Swamiji said that with a vision of Oneness, we live in harmony with the world without creating conflict, agitation, or disturbances in the world. How we interact with the environment is dependent on our vision for the world. Swamiji thus showed us a video about the world's grandeur, after which he read out a few disturbing statistics - every week, species are labelled extinct; every day, huge forests are completely eliminated; every second, three hundred animals are killed in the United States alone.

Shedding light on the environmental aspect through oneness, Swamiji quoted Swami


Chinmayananda Saraswati, saying, "To assume differences in the world is to believe this great Oneness in life." If we assume this oneness, we would become much more sensitive, loving, and caring towards the environment and others.

What we do effects the entire universe, said Swamiji, warning us Rotarians about the effects of each of our actions. Micro-causes somewhere in the world have macro-impacts somewhere else in the world. The war in Kuwait caused acid rain in India, the CFC emissions in the United States created a hole in the ozone layer above Australia - because this is a linked world.



How must humans, who are the roof and crown of creation, live to ensure that everyone is safeguarded and not destroyed because of us? Being a humble person is the beginning of all knowledge and transformation. Humility, Swamiji says, "Is not to think less of yourself, but to think of yourself less because there is a bigger cause to identify with." A bigger cause is the desire to eliminate suffering in any form, and acknowledging the Rotary Club of Bombay, Swamiji identified our contribution in eliminating world suffering.

Abbreviating the word 'One' in reference to Oneness, and transforming it into an acronym, Swamiji encouraged us Rotarians to broaden our outlook and look at the world like a global family, engage in noble actions, and expand our vision. Listing a number of actions one can perform to live a life more rooted in giving back to the environment, Swamiji urged us to practice the *Ubuntu* philosophy, "I am, because we are."



Bombay YMCA – Rotary Club of Bombay
 Invites you
 to the Inauguration of the
Vocational Training Centre of Excellence
 Supported by
Bharat Serums and Vaccines Limited
 On
18th September, 2018 at 5.30pm,
 at
 Methodist Center, Opp YMCA International House, 18, YMCA Road,
 Mumbai central. 400 008



WE ARE ACTIVE ON SOCIAL MEDIA WITH MORE THAN 2000 FOLLOWERS. FIND US ON FACEBOOK, TWITTER AND INSTAGRAM WITH THE HANDLE @RCB1929.
FIND US ON LINKEDIN AND YOUTUBE WITH THE HANDLE ROTARY CLUB OF BOMBAY.
PLEASE FOLLOW US AND LIKE/SHARE THE POSTS.

IWA Clinic's Ophthalmology Department Opening

IWA (International Women's Association) Clinic which is sponsored by the Rotary Club of Bombay, saw the soft launch of the Optometrist Department and now offers the following services to underprivileged patients in South Bombay, all under one roof:

1. General practice
2. Dentistry
3. Gynaecology
4. Paediatrics
5. X-ray
6. Optometry
7. Homoeopathy
8. Cervical Cancer Detection

₹50 - one time registration
 ₹50 - doctor fees per week
 Free medicines
 Spectacles vary from ₹80 to ₹350

The IWA Clinic is located in a heritage building called Fort Gratuitous Dispensary which is opposite the Excelsior Theatre at Fort, Mumbai- 400001.



A Trip To Talwada

A momentous day of the Rotary year 2018 - 19, 2nd September marked a historic visit by our enthusiastic Rotarians to the crown jewel project of the Rotary Club of Bombay - Talwada, a three hour drive from Mumbai.

Our club has adopted this tribal area by catering to its medical and higher educational needs.

1. We run the Phiroze Ratanshah Vakil Eye Centre which celebrated its 40th anniversary.

2. We also run the Ajit Deshpande Medical Center which has completed 20 years.

3. Lastly, we support the Ansuyadevi Taparia Junior College as well.

We impact the lives of more than 65,000 people annually in the region through our medical and educational facilities. These facilities, including the medicines are completely free of charge.

On this occasion The Ajit Deshpande Medical Center of the Rotary Club of Bombay was upgraded with a digitised X-Ray machine, a cell counter, few dental chairs and air-conditioners. For all of this, we thank Homi Bhabha for his generosity, who kindly agreed to provide all the equipment required at the request of his friend IPP Rtn. Ramesh Narayan.

The entire upgraded equipment was dedicated in the honour of Homi Bhabha's mother, the Late Dr. Amy Bhabha.





The Talwada Project has been running smoothly for the past few decades due to the unstinting efforts of our Rotarians Dr. Rahim Muljiani, Dr. Rumi Jehangir, Dr. Sorab Jhaveri and more recent additions Dr. Priyanka Doctor and Dr. Mehernosh Dotivala along with their team of doctors and para medical staff.



Donations received for the week : ₹42,99,292/-

Breach Candy Hospital Trust
Rtn. Mudit Jatia
Rtn. Narinder Nayar
Rtn. Dev Kothari
Rtn. Jamshed Banaji
Rtn. Jagdish Malkani
Mr. Pandurang Pai
Rtn. Pradeep Gupta
Anonymous
Rtn. Rajas Doshi



Asiatic Library Acknowledges Our Efforts

Asiatic Society of Mumbai recently published its report for the year 2017 - 2018. In their report they thanked RCB for mobilising funds amounting to ₹3,50,000/- sponsored by Hermès for 'Restoration and Digitisation of Books'.



ROTARIANS MAKING WAVES



We congratulate PP Rtn. Dr. Mukesh Batra for being awarded the International Achievement Award for Quality and Business Excellence by Management & Consulting, Paris.

France is the largest Homoeopathy market in the world.



HR College welcomed its 33rd board of Directors at the Rotaract Installation ceremony on 2nd September 2018. HR College has bagged the title for the Best Rotaract Club 13 times in a row till date.

RCB Lighthouse Welcomed Stefan Haves For A Short Visit

On Saturday, the 1st of September, Stefan Haves (Global Director, Cirque) visited the Rotary Club of Bombay Lighthouse Project at Machimar Nagar in Cuffe Parade.

Stefan Haves is an acclaimed director, creator and producer of circus, theater and films. His directorial creations have appeared on stage, at festivals, and on screen across the globe.

The Global Cirque Director / TEDx speaker was welcomed in our Indian traditional manner. A Lighthouse student dressed in traditional Koli attire garlanded him and the children presented him a thank you card for his visit and sang a welcome song "We shall overcome" with much gusto.

Once Stefan introduced himself, he interacted with the children with a lot of energy and enthusiasm. He owned the stage, had the attention of all 80 children present there. All the children (4 - 9 years of age) listened to him with complete attention, followed his instructions and participated in the fun activities he made them do.

He spent over half an hour regaling them and kept them enthralled the entire time. His enthusiasm was so infectious that the guests and the teachers of Lighthouse also participated and enjoyed the lighthearted play.

Truly, a talented communicator, Stefan Haves transcends the barriers of language and age.



After a fruitful afternoon, the children went back home happy.



THE TAJ MAHAL PALACE
MUMBAI

Menu (Fast Food)

18th September 2018

SOUP

Cream of Tomato
Assorted Bread Basket

SALAD BAR

Caesar Salad
(Chicken on the side)
Watermelon and Feta salad
Waldorf Salad

VEGETARIAN MAIN COURSE

Mac and Cheese
Refried Bean Wrap with Salsa on top
Baked Broccoli and Corn in Spinach Sauce
Asparagus Risotto

NON VEGETARIAN MAIN COURSE

Grilled Fish in Lemon Butter Sauce
Chicken Cacciatore

DESSERTS

Apple Pie with Vanilla Ice-cream
Cheese Cake (Raspberry and Plain)



Celebrating 90 Years of Service

TICKET PRICE:
Rs. 8,000 / Rs. 5,000 / Rs. 3,500
Rs. 3,000 / Rs. 1,200

Dil Se
A BOUQUET OF GHAZALS BY
JAVED ALI
7.00PM
**TATA THEATRE
NCPA, MUMBAI**
FRIDAY, OCTOBER 26, 2018
FOR TICKETS CONTACT
RTN. AKHIL SANGHI & RTN. SUNITA MANDELIA

Forthcoming Events

- **September 18th 2018**
Speaker: Dr. Farokh Udwadia
Topic to be announced.
- **September 18th 2018**
Inauguration of the Vocational
Training Centre of Excellence
- **September 25th 2018**
Speaker: Ajoy Mehta
Municipal Commissioner
Topic to be announced.

All Directors and Committee Chairpersons are requested to send their project write ups with high resolution pictures to Rtn. Satyan Israni for publishing in the Gateway at the following email id:

rotary.satyanisrani@gmail.com

ROTARY CLUB OFFICERS

TRUSTEES 2018 - 2019

Dr. Rahim Muljiani
Arvind Jolly
Arun Sanghi
Dr. Adi Dastur

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Vice Chairman Emeritus Talwada	Dr. Rumi Jehangir
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Phiroze Ratan Shah Vakil Eye Centre	Arin Master
Cancer Aid	Suresh Goklaney
RCB Medical Centre - Cotton Green	Manoj Patodia

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Environment	Priyasri Patodia
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Sports	Sanjiv Saran Mehra
Yoga	Sitaram Shah
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Rotaract	Murad Currawalla
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Vocational Training Centres	Varsha Daiya
Child Welfare	Rajesh Shah

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NEXT WEEK'S SPEAKER : Dr. Farokh Udwadia

A legend in his own time, Dr. Farokh Udwadia qualified as an MD from the University of Mumbai in Medicine. He was awarded the Prince of Wales Gold Medal and Dr. C S Patel Gold Medal in his MD examinations

Elected FRCP (Fellow of the Royal College of Physicians) at Edinburgh, in 1969, at the age of 38 years - Udwadia is the youngest Indian ever to be so elected.

He was awarded the Padma Bhushan for his Contribution to Medicine in 1987. He was also awarded the Master Fellow of the American College of Chest Physicians in 1997. This award has been given to only twelve individuals in the world over 60 years since the College was founded.



In 1998 he was awarded the Elected Fellow of the Royal College of Physicians of London and also the Elected Fellow of the American College of Physicians in 2000.

He was presented with "The Citizen of Mumbai" award by the Rotary Club of Bombay in 2008.

Topic to be announced.



Birthday & Anniversary Greetings



Rtn. Ashish Jalan
12th September



Rtn. Abhin Alimchandani
13th September



Rtn. Ashwin Didwania
17th September



Rtn. Cyrus Guzder
17th September

Partners

14th September - R/anne Arnaz Soonawalla
Mr. Ratnakar Desai

15th September - R/anne Susmita Mitra
R/anne Dr. Renu Raina

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Statistics for last week's meeting

Rotary Club Bombay Members	121
R/Annes	08
Visiting Rotarians	01
Invitees & Guests	04
Rotractors	05
Total attendance	139
Community Service Box Collection	₹ 2,500/-